

Minimum Viable Mental Health Infrastructure

Form ID: MVMH-SOP-01
Target: On-Set & Office Ops
Mandate: Required Posting

Notice to Line Producers & Unit Production Managers: This checklist defines the non-negotiable operational baseline for crew mental health and fatigue management. Post this directly in the production office, call sheet board, and catering truck.

☐

1. Enforce Guaranteed 11-Hour Turnaround

Strictly mandate an uninterrupted 11-hour rest period between wrap and next day call across all departments, without exception or forced call buyouts.

☐

2. Designated On-Site Mental Health First Aider

Appoint and clearly post the contact information for at least one certified Mental Health First Aid (MHFA) officer present during all principal shooting hours.

☐

3. Anonymous De-escalation & Feedback Channel

Provide an active QR code/hotline on every daily call sheet allowing crew members to report extreme fatigue, unsafe conditions, or harassment anonymously.

☐

4. Standardized Quiet Space & Decompression Zone

Establish a dedicated, quiet, non-working zone on location away from set noise and staging, designated solely for rest, reset, and decompression.

PRODUCTION TITLE / PROJECT NAME

VERIFICATION DATE

UNIT PRODUCTION MANAGER SIGNATURE

SAFETY OFFICER / MH LEAD SIGNATURE
